Dr. Satnarine Balkaransingh





Pooja Pundit

Pooja has been dancing Kathak for over 20 years and has received her training from Gurus, both in Trinidad and India. She has participated in various stage Concerts/performances both locally and internationally. She is the founder of the Nrityayog Dance Company, now a branch of the Kathak Kala Sangam, the Institute of the Fine Arts, founded by its Artistic Director, Dr. Sat Balkaransingh. Pooja is a senior artiste and teacher in folk, contemporary and Kathak. She holds a BSc in Computing and Information Systems and teaches computer science and Information Technology at the secondary level.





Aruna Ramhit

Aruna began her journey in Odissi dance 20 years ago at the Nrityanjali Dance Theatre, under the tutelage of Mondira Balkaransingh and has performed extensively in numerous stage productions. She is currently enrolled in the Natyasala Dance Academy under the guidance of Shatakshi Goyal. Her objective is to enlighten persons on the spiritual purpose of Indian Classical dance. Aruna is a small business owner and a proud mother of two children. She holds an MBA and a BA in Human Resource Management.



